

Get Better Together

A FREE 6-week program for living better with ongoing health conditions

Camperville (via telehealth)

Tuesdays April 10th – May 15th 1:00-4:00pm

Benito – Library

Thursdays April 12th – May 17th 6:00-8:30pm

Glenboro – Raystone Centre

Tuesdays May 1st – June 5th 1:00 – 3:30pm

Neepawa – Health Centre Boardroom

Tuesdays May 1st – June 5th 1:00 – 3:30pm

**To register for any of these programs or for more information,
please call 1-877-509-7852**

The Get Better Together Program is also available on-line! For more information or to register go to www.getbettertogether.ca

www.prairiemountainhealth.ca



PRAIRIE MOUNTAIN HEALTH