

# Speak Up

Start the conversation  
about end-of-life care



PRAIRIE MOUNTAIN HEALTH

For more information visit: [prairiemountainhealth.ca](http://prairiemountainhealth.ca)  
or speak with your Health Care Provider

**Important medical information on reverse**

# In Case of Medical Emergency

I have a Substitute Decision Maker who can speak for me if I am unable to communicate my wishes regarding medical care:

Substitute Decision Maker: \_\_\_\_\_

Tel: \_\_\_\_\_

Alternative Tel: \_\_\_\_\_

Relationship to me: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_