

## Westman Diabetes Peer Support Group



- Are you struggling with the diagnosis of diabetes?
- Is a diabetes complication making it difficult to cope?
- Do you want to talk to other people with diabetes?
- Then this group is for you
- Opportunities to learn from each other as well as presentations

**When:** Mondays, Sept 30, Oct 21, Nov 25, Dec 16

**Time:** 5:00 – 6:00 pm

**Where:** BRANDON - Public Health in The Town Centre  
(in the kitchen)

For more information call 204-728-2382 or email  
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